Letters from Rising Pharmacy Stars: Advice on Creating and Advancing Your Career in a Changing Profession
By Susan A. Cantrell and Sara J. White

[REVIEWER'S EXPERT OPINION]
Michael C Barros, Pharm.D., BCPS, BCACP, BC-ADM (Temple University School of Pharmacy)

Description
This book consists of a series of letters from pharmacy professionals who share their experiences and advice for challenges and opportunities in the profession of pharmacy and how to best handle them.

Purpose
The authors have compiled a collection of letters from pharmacists working in many different areas of pharmacy. The book contains examples of young and mid-career pharmacy leaders who faced challenges and how they overcame and learned from their experiences. Pharmacy is continuing to evolve tremendously and these young professionals share their experiences and provide insights into how they are changing the profession for the better.

Audience
This book may be appreciated by both new and established pharmacists, but those who are just beginning their professional journey will take the most away from it. It seeks to encourage young professionals to always strive for the best and discusses how to overcome some of the obstacles that they may encounter.

Features
The book has a simple design and is a pleasant and quick read. The table of contents provides both the author's name and the type of letter he/she contributed. The letters cover a multitude of disciplines and range from advice on topics such as navigating life and career as a two-pharmacist couple to how to coordinate postgraduate year 1 and 2 (PGY1 and 2) residencies.

Assessment
This is a unique contribution to the field and it does a good job of exposing new pharmacists to the challenges and opportunities in pharmacy. The contributors have demonstrated significant achievement in their careers, and professionals looking for career motivation or advice on how to overcome obstacles will certainly appreciate what this book has to offer.

Weighted Numerical Score: 82 - 3 Stars